

**Theological Virtue - Hope**

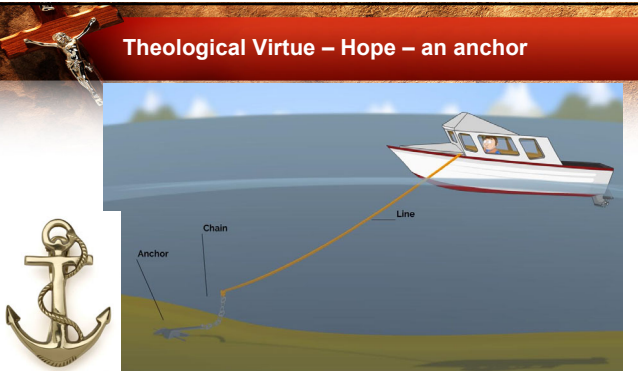
- Hope tells us that God, Who promised us eternal salvation, will also give us the graces that we need for the journey to Heaven. He is faithful to His word, so we can put our trust in Him.

**Theological Virtue - Hope**

So when God wanted to give the heirs of his **promise** an even clearer demonstration of the immutability of his purpose, he intervened with an **oath**, so that by **two immutable things**, in which it was impossible for God to lie, we who have taken refuge might be strongly encouraged to **hold fast to the hope that lies before us**.

This we have as an **anchor** of the soul, sure and firm, which reaches into the interior behind the veil, where Jesus has entered on our behalf as forerunner, becoming high priest forever according to the order of Melchizedek. **Heb 6:17-20)**

**Theological Virtue – Hope – an anchor**



The illustration shows a white boat with a red stripe on a blue lake. A yellow line is attached to the boat, leading to a chain and then an anchor on the bottom. Labels 'Anchor', 'Chain', and 'Line' point to their respective parts. A small inset image of a metal anchor is shown in the bottom left corner.

**Theological Virtue – Hope – a relationship**


- Hope is like a traveler on a business trip longing/waiting to go home
- He/she knows loved ones are waiting to welcome him/her
- Confident of that assurance he/she is able to complete the business and be ready to go home.

**Things against the virtue of Hope**

- Sloth (Acedia) is one of the 7 capital sins that causes a person to be deficient in love for the things of God.
- Pride
- Presumption
- Despair


**Things enhance the virtue of Hope**

- Humility
- Fear of the Lord
- Prayer
- Reception of sacraments
- Practice of the presence of God
- 3<sup>rd</sup> commandment – Sunday Worship




### Theological Virtue – Hope - suggestions

- Think of someone who is 'hope-filled.' why?
- Make acts of hope. Example: When things are difficult, put your trust in God and have confidence in Him.
- Read stories of Biblical figures who lived by hope: Queen Esther, Job, St. Paul, John the Baptist, Mary
- Read stories about the saints and find out how they lived in hope. Examples: St. Anthony of Padua, St. Josephine Bakita, St. Teresa Benedicta (Edith Stein), St. Padre Pio, St. John Vianney.



### Theological Virtue - Hope

- More resources from Formed
  - Love is Hope (by Archbishop Fulton Sheen)
  - Hope of Mercy (by Fr. Michael Gaitley)
  - Kapaun's men Virtue Series
  - Just search "Hope" and you will find hundreds of resources related to Hope.



### Small Group Time

- CCE Teachers will go to breakout rooms with parents of each grade
- YM parent will stay
- What to do in the small group
  - **Questions and answers**
  - **Sharing of ideas or faith experience**
  - **Dismiss after closing prayer in the breakout room (intentions are welcome)**

Please go to our parish website to download resources to use at home