

Reinculturation of youth (7/24/2022) Discussion Q's

1. What is the most important new understanding you received from this talk? What is still not clear to you that you need to explore more?
2. What do you do well in forming your kid's inner and outer strengths? Where do you need to adjust and do more? Where can you find assistance?
3. Have you established your family culture? If not, how do you start? If yes, where does it need adjustment?
4. Self-control is the most important predictor for a child's future success and happiness. How are you helping your kids to develop self-control? On a scale of 0 to 10 (10 to be the most self-control), how do you evaluate your kids in self-control? How about yourself? How can you help to move the scale up?
5. Is the bonding among your family members quite healthy or does it need to be strengthened? How about your original families? Any thoughts, ideas or suggestions to make it stronger?
6. What is your idea of human happiness and success? What is your view of meaning and purpose of life? Has your child taken up these ideas and views? How are you helping them to understand and experience these ideas?

青少年再融入主流文化(7/24/2022)討論問題

1. 聽完這個課題，你最深刻的印象是什麼？有什麼地方還未完全明白需要再學習？
2. 你在加強孩子的內在人格和外體格方面做得好的部份有那些？有那些需要調整和補強？你可以從那裏得到這方面的協助？
3. 你是否已經建立了你的家風？如果還沒有，你怎樣開始？如果已經開始，你希望如何修正、再出發？
4. 小孩子自我節制的能力是他將來成功和幸福的最重要指標。你現在怎樣培養孩子的自制能力？由 0 (沒有節制) 到 10 (完全自制) 來表示，請衡量你的孩子的自制能力有多少？你自己呢？怎樣才能使自制能力增加？
5. 家庭成員之間的連繫是否很健全，或者有待加強？你的原生家庭的家人呢？是否有構想、意見或建議？
6. 你認為一個人幸福和成功，應該是建立在什麼樣的基礎上(財富、地位、名譽或其他)？你對人生的意義和目的有何看法(人為什麼而活)？你的孩子是否跟你有同樣的觀點？你怎樣幫助他們接受並活出這樣的觀點？